



CHARLOTTETOWN
SKATING CLUB



COVID-19 Return to Play Procedures & Requirements

THIS DOCUMENT MUST BE READ IN ITS ENTIRETY *BEFORE* REGISTERING WITH THE CHARLOTTETOWN FIGURE SKATING CLUB.

YOU WILL BE REQUIRED TO SIGN OFF IN AGREEMENT OF THIS DOCUMENT WHEN COMPLETING YOUR REGISTRATION.

YOU WILL ALSO BE REQUIRED TO SIGN A HARD COPY ASSUMPTION OF RISK WAIVER ON YOUR FIRST DAY BEFORE PARTICIPATING IN ANY SKATING CLUB PROGRAM.

The protocols listed below are based on Current PEI directives from the CPHO, Skate Canada, Skate Canada PEI and the Simmons, Eastlink, and MacLauchlan Arenas.

The main purpose of Charlottetown Figure Skating Club (herein known as CFSC), Skate Canada, and the PEI Section, is to keep their members, board, staff and volunteers safe. These protocols may be updated at any time.

Charlottetown Figure Skating Club will provide relevant and up to date information regarding our club's activities and the effects of COVID-19 on our website and by email notification.

IF YOU ARE ILL OR SHOW SIGNS OF ILLNESS

If an individual is showing signs of COVID-19

If an individual is showing signs of COVID-19 including but not limited to a fever, cough, body aches, or shortness of breath prior to coming to their program session, they **MUST NOT** come to the arena. It is recommended they call 811 for an assessment and a 'negative' test result.

If an individual becomes unwell with symptoms of COVID-19 during their Program

If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual will be immediately

removed from participation. The designated Club volunteer will be informed and the emergency contact will be called.

The individual will be isolated from other participants in a well-ventilated area, or proceed to an outdoor location and wear a non-medical face mask. The individual will be sent home and instructed to follow public health guidelines regarding self-isolation and testing.

The Arena facility will be informed of any individual who is showing symptoms of COVID-19 to determine if any areas need to be closed and/or require additional cleaning/disinfecting.

If an individual has tested for COVID-19

If a member of CFSC has been tested for COVID-19, that member must not participate in any club activity while waiting for results of the test. Refunds or credits will not be provided while the individual is waiting for results.

If a member of the CFSC or someone in the members household has been recommended for testing, they must inform the Club by emailing CharlottetownFSC@gmail.com within 4 hours of the test being recommended.

Results of the test must be sent to CharlottetownFSC@gmail.com promptly for consideration back to the program. The Skater is not permitted to return to programming until results of the test have been received and confirmed by the Club.

If an individual tests positive for COVID-19

The CFSC Board of Directors will work with public health officials to assist in contact tracing information. Any CFSC members who were in close contact with the individual will not be able to participate in any CFSC activities for 14 days and should follow public health guidelines regarding self-isolation and follow-up testing.

Travel outside of the Atlantic Bubble

Any participant **who has travelled outside the Atlantic Bubble** or has someone in their household who has travelled outside the Atlantic Bubble and is unable to self-isolate from other household members, **MUST self-isolate and not participate in CFSC activities for 14 days.** No refund/credit will be provided for this isolation.

Any individual **who has been exposed** to someone with a confirmed case of COVID-19, **MUST self-isolate** according to CPHO and **is not permitted to participate in CFSC Activities for 14 days.** No credit/refund will be issued for this time period.

Return to Activities following illness:

If no test was performed, or the COVID-19 test was negative, the individual may only return to activities once the CPHO has provided them the approval to do so.

Following a positive COVID-19 test, an individual must follow all public health guidelines regarding returning to activities.

Modification/restriction/postponing or cancelling of Skating Club Activities

CFSC will follow directions from CPHO and the Simmons, Eastlink, and/or MacLauchlan arenas regarding any program modifications/restrictions/postponements or cancellations of CFSC Activities.

CANCELLATION / REFUND POLICY

Any participant needing to cancel their registration due to a positive COVID-19 test may be offered a credit/refund on their account with Board Approval if there are 4 weeks or more remaining in the program.

For any program cancelled by the club, due to COVID-19 restrictions, the club will refund prorated registration fees (except for the Skate Canada Insurance \$43.65) and \$25 processing fee if there are 4 weeks or more remaining in the program.

See Terms and Conditions for more details on refunds and credits. You will be required to read and accept Terms and Conditions upon check-out when registering in any club program.

PROGRAM INFORMATION

Skaters will arrive fully dressed with all equipment on. It must be clear that anyone registering **MUST own skate guards** as they are not permitted to walk on concrete or hall floors at the rink and **will not be permitted inside the building unless guards are worn.**

Changes to our CanSkate Programming for the 2020 - 2021 Season

Programs will run in two, 10-week intervals during Winter Session. No full season programming (20+ weeks will be offered)

CanSkate:

All participants (past participants or new) **MUST** be able to **STAND, MOVE and follow instructions on their own**, as well, they **MUST understand the rules of physical distancing**. Any participants who can stand and move on their own BUT CANNOT follow directions or understand physical distancing **will be removed** from the program.

Age Limits: 5 yrs and up for past participants, 6 yrs and up for new participants who can stand and move on their own.

DAILY ACTIONS REQUIRED FOR SKATERS AND CAREGIVERS

- Parent will drop off participant(s) at the main door for screening and must provide a cell phone number each day for emergency purposes.
- No spectators, including parents/caregivers, are permitted inside the Arena
- For all CanSkate participants, parents must remain in the Arena parking lot for emergency purposes and must provide volunteers with information on how to reach them should there be an emergency during their session or if their skater needs assistance.
- A screening process will happen each time a participant enters the facility. Parents should be available to assist with answering verbal questions and providing a cell phone number for each day.
- Participants must arrive fully dressed ready to go on the ice with skates & skate guards, CSA approved helmet and mittens.
- Any Participant missing any required equipment/clothing will not be permitted to participate in their session.
- The Skater's name must be on each skate guard.
- CanSkate participants are not required to wear a non-medical face mask but should carry one with them if possible – to use while off the ice.
- STARSkate participants are required to wear a non-medical face mask when entering and exiting the building or anytime they are not on the ice.
- Program Assistants are required to wear a non-medical face mask at all times they are in that role.
- Pick up will be at the designated door immediately following the session. Parents should already be in the parking lot to receive their skater. We cannot accommodate late pick up.
- Parents should wear a non-medical face mask when dropping off and picking up.
- Non-medical reusable face masks and mittens should be washed after each session

PRIOR TO REGISTERING - QUESTIONS TO ASK YOURSELF AND YOUR PARTICIPANT

Please ask yourself and your participant the following questions before registering.

Take NOTE: no refunds or credits will be administered if your child refuses to go into the facility without you. Withdrawal from the program must happen before the start of the program (24 hours before their first ice session) to qualify for a refund/credit.

1. As a parent, I am not allowed in the facility. Will my child follow directions and enter on their own with directions from a CFSC Skating Club volunteer?
2. As a parent, do I feel comfortable letting my child enter the building on their own? Am I comfortable with not being able to watch my child during their program?
3. Can my child fall and stand-up on their own without assistance?
4. Does my child understand physical distancing and that they must maintain a 6 foot distance from everyone in the facility, even friends and instructors?
5. Does my child understand that they must follow the directions of the coaches and volunteers to keep themselves and others safe?
6. Would my child feel more comfortable if I was a designated volunteer and was allowed in the facility in a volunteer role?

CLUB GUIDELINES

MUSIC - iPod

- ONLY Coaches will have access and permission to use the iPod and music devices. Wipes and sanitizer will be provided. Skaters and PAs will not be permitted to use the iPod.
- The music level for the iPod will be kept at an acceptable level so that skaters are able to hear directions from the coaches who will be wearing non-medical face masks.

Program Assistants (PA's)

- Program Assistants will wear their own personal warm clothing during CanSkate Sessions.

- PA's will assist by demonstrating, supervising specific circuits as required under the direction of coaches. PAs must be focused and provide verbal cues to skaters to help with motivation and direction.
- All PA's will wear a non-medical face mask on CanSkate sessions when they are in the PA role.

Sanitizer

- Hand Sanitizer and wipes will be at rink side during each session
- Hand Sanitizer will be available at the Entrance, provided by the facility.
- Equipment and high contact surfaces used by the CFSC Skating Club will be wiped down by coaches before and after each session.

Non-Medical Face Masks

- All coaches, PAs and Volunteers will be required to wear a non-medical face mask inside the facility and when in close proximity of participants.
- Participants must wear a non-medical face mask as they enter and exit the facility. CanSkate participants are not required to wear a non-medical face mask but may do so if they choose.
- Parents are requested to wear a non-medical face mask during the screening process of their participant and when picking up their participant at the exit door.
- Non-medical reusable face masks must be washed regularly.

Volunteers Required - Please contact us if you are interested in volunteering

- 2 volunteers at check in at the entrance to screen, take attendance and collect cell phone contact #s for that day
- 1 volunteer to supervise breaks / floods if skaters are staying for the next session
- 1 volunteer to remain in the lobby during each session for any late arrivals and/or greeting participants for the next program.
- 2 volunteers to walk out with CanSkate participants after their session, into the designated space outside the assigned exit door to help parents collect skaters.